

Parent Resources- Dealing with Grief/Trauma

As the tragic events of Newtown, Connecticut remind all of just how precious life is, it also brings up questions regarding how to discuss these unthinkable events with our children. The Verona School District is available to assist all our families in getting through this difficult time. Each building will be staffed tomorrow and throughout the week by the district's school social workers, school psychologists and school counselors to provide support to students and staff. Below are listed some resources to support discussions with your children:

[Discussing Hate and Violence with Your Children](#)

[Talking with Kids About the News](#)

[Talking to Children About Community Violence](#)

http://www.nasponline.org/resources/crisis_safety/terror_general.aspx

Suggested Publications

Books for Kids:

"A Terrible Thing Happened" Margaret M. Holmes ISBN # 1-57759-696-X Dalmation Press P.O. Box 682068 Franklin, TN 37068-2068

"Reactions" Allison Salloum 1998 Centering Corporation Chicago, Illinois

"Why Did it Happen?" Janice Cohen 1994 Morrow Junior Books New York, NY

Books for Parents:

"Children and Trauma: A Parent's Guide to Helping Children Heal" Josey-Bass San Francisco, CA

"The Scared Child: Helping Kids Overcome Traumatic Events" John Wiley New York, New York